



TRUE COLORS AND CHANGE

Programme Outline:

This two day programme is designed to support **organisations and teams** who are either experiencing change or about to launch a change programme or process.

Using the True Colors® concept and change curve developed by John Fisher from the Kubler Ross grief curve; participants experience an interactive learning process which incorporates the essence of Edutainment to make the learning fun and easy to retain.

Programme Benefits:

This programme has been developed for organisations and companies who are planning to create and implement change.

Examples of the changes for which the programme has been designed include:

- Restructuring of departments or operations
- Relocation of key facilities or operations
- Outsourcing of services or operations
- Expansion through merger or acquisition
- Cultural Change
- New systems and working practices

Programme Outcomes:

Participants in the programme will:

- Develop appreciation and understanding of how their character type responds to change – emotionally, physically and psychologically
- Develop an appreciation of how other people respond to change and how this may differ from their own reactions
- Learn how to identify their reactions to change and be able to express what they need from the change process
- Develop techniques to manage the change process positively by communicating effectively their needs, values and key enablers for them to be successful during the change process
- Develop strategies and techniques to communicate effectively with others who are different from them to maintain a positive atmosphere and manage issues as they arise
- Develop an understanding and appreciation of how to help people who are different from them during times of change
- Experience each of the steps in the change curve to create strategies to manage each stage and transition along the curve with the minimum of personal stress and anxiety.

For More Information About True Colors and Change

Please e-mail info@truecolorsuk.com

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Pre-Requisites:

Participants will have attended the one day Personal Success programme so they are familiar with the True Colors® concept and have a basic understanding of their own personality and the characteristics of people not like themselves.

We can arrange a three day programme for organisations and teams to provide the Personal Success event as part of the overall True Colors® and Change programme.

Tailoring Programmes for Your Organisation:

We will work with your organisation to create bespoke programmes to support your strategic business needs.

Coaching for Sustainment:

- True Colors UK has a team of fully certified coaches who can provide individual or group coaching support to maintain the momentum of the energy and learning created at the workshops.
- The coaching is especially beneficial to managers or supervisors (including Senior Executive level) people to support the implementation of the new behaviours and ways of being to maximise the learning and appreciation gained at the workshop.

The Process of Transition

